

Gathering Hearts

**Gathering
Hearts – Songs
to warm the
heart and
nurture the soul**
**CHRISTINE
MORRISON**

REVIEW BY
AZRIEL RE'SHEL

Gathering Hearts is a collection of heart warming and nourishing songs that you'll return to again and again when in need of a warm hug from a familiar old friend. The sixth album by Christine Morrison, sound healer, composer and musician well known for her powerful instrumental soul music used for healing and transformation, *Gathering Hearts* is her first album of songs.

Christine's gentle, soothing and loving vocals coupled with her lyrical piano playing leave you wrapped in the blanket of your own heart. Uplifting and calming, this album brings solace in dark times. I've found myself reaching for it when I'm feeling vulnerable or in need of some space and healing. It truly soothes the emotions and opens the heart. A while ago, I felt myself overwhelmed by deep, old familial pain and a tumult of emotions going back to my earliest childhood. I turned to *Gathering Hearts* and listening to it I found such comfort and emotional release, after a few songs and a good cry I felt purified and at peace.

There are 13 songs on the album, many of them are songs Christine composed when she was experiencing challenging times and needed some inspiration and comfort. Many people attending her sound healing workshops and groups over the years, asked her to record an album with these songs from which they had drawn much comfort. The songs are simple and beautiful and have an angelic quality. Christine's voice has a rich, warm quality that vibrates with love and healing. Her music is a wisp of the Divine on earth. The album is evocative and meditative and the songs carry reminders of how to live, such as track five, "I Surrender." It's a timely reminder of the grace and love that surrounds us always if only we trust and receive.

This album moves the listener into the sacred space of the heart, carrying you into a deep place of love and openness. It brings comfort because Chris sings with a powerfully vulnerable heart, expressing her own fragility and love. *Gathering Hearts* would make a great gift, is wonderful to use with groups and could be used as music for the healing arts. You'll want to sing along and will feel the album's transformative power to open the heart, a place we all need to be at this time.